

# River City Review

December 2009 / January 2010

Tommy Johnson, Editor



## The River City Cosmopolitan Club of Lawrence, Kansas

### Cosmos Kick Off New Year With January Jamboree

A total of 35 River City Cosmo Club members, plus a slew of guests, braved a very cold evening to attend the club's 2<sup>nd</sup> annual January Jamboree, which was held on Saturday, January 9<sup>th</sup>, at Paddy O'Quigley's Irish Pub & Grille, located in the Lawrence Holiday Inn. With the holidays behind us & the heavy snowfall temporarily halted, the Jamboree offered club members an opportunity to cure their cabin fever by getting together with friends for some good food, games & fun. Paddy O'Quigley's cooperated by allowing the club to take over half of their pub, along with offering club members & guests some great food & drink specials.

Guests who attended the Jamboree included Dierk & Sue McDaniel, guests of Gary & Susie Bartlett, and Dennis & Allison Wingert, guests of Gary & Kim Kirk. In addition, Jack & Pat Hohman invited along all of their kids & grandchildren, while Bob & Joan Harvey had an entire table full of family & friends as their guests. Other Cosmo family members attending included Megan Glotzbach's brother Josh, Mike & Phyllis Hertling's granddaughter Ella, and Mike & Sue Willoughby's daughter Laura. Dave & Lisa Hatzenbuhler brought along both their daughter Sara, & Lisa's mother Donna, who has been in Lawrence visiting from her home in Iowa.

During a short business meeting, Club President Nancy Donahey passed the hat & collected a total of \$200, which will be donated to one of the Health Care Access Clinic's diabetic patients. Our "adopted" patient is a 37 year old male who was diagnosed with the disease 12 years ago. He has already had part of his right foot amputated & is now suffering from ulcers on his left foot. Diabetes has also damaged both of his retinas, causing vision problems. He is not receiving any disability help, but is unable to work due to his diabetes.

Also during the business meeting, Fundraising Chair Mike

*(Continued on page 3)*



Dave & Lisa Hatzenbuhler's guests at the January Jamboree were daughter Sara, & Lisa's mom, Donna.



Susie & Gary Bartlett's guests were Dierk & Sue McDaniel. The McDaniel's have applied for membership in the River City Club.



Gary & Kim Kirk's guests were Dennis & Allison Wingert. Cheryl & Tim Dunham joined them at the table for dinner & games.



## Nancy's Presidential Prose

by Nancy Donahey

This year I resolve to ...

The tradition of the New Year's Resolutions goes all the way back to 153 B.C. The Romans named the first month of the year after Janus, a mythical king of early Rome, the god of beginnings & the guardian of doors and entrances.

This year "**Spend More Time With Family & Friends**" is the number one resolution listed in the Top 10 New Year's Resolutions at [www.About.com](http://www.About.com). And a good way to do this is to resolve to attend more Cosmo dinner meetings & social events. Reserve the first Thursday of each month at 6:30 pm for dinner meetings.

Number five on the list is "**Enjoy Life More**". Given the hectic lifestyles of many Americans, it is no wonder that "enjoying life more" has become a popular resolution. As a River City Cosmo member you can enjoy life more when you attend the many social functions organized by our Social Committee, plus the Federation Convention (April 30-May 2 in Jefferson City, MO) & International Convention (July 28-31 Gettysburg, PA).

The ninth resolution is "**Help Others**". A popular, non-selfish New Year's resolution, volunteerism can take many forms. The River City Cosmopolitan Club has a long history of helping Health Care Access, our local health clinic for the uninsured. Over the last few months several members of our club have been helping HCA get their new clinic building ready to open. Volunteers will be needed to help with the Lynn Electric Marathon that benefits HCA - the marathon is scheduled for April 18th. And if you are feeling especially energetic you may want to make resolution number 2, "**Fit in Fitness**" and run in the marathon! You will also want to be involved (as a volunteer or golfer) in the 16th Annual Cosmopolitan Golf Classic scheduled for May 28th; most of the proceeds from the tournament go to HCA.

In 2010 I hope to see you at club events spending time with family & friends (and making new friends), enjoying life more & helping others.

## January River City Cosmo Club Board Meeting Highlights

The January River City Cosmopolitan Club's Board of Managers meeting was held on January 21st, at the home of Jack & Pat Hohman. Highlights from the board meeting included:

- The club has received new member applications from Dierk & Sue McDaniel. Their sponsors are Gary & Susie Bartlett. The club has also received resignation letters from Terry & Lori Clark, Gloria Eberle & Ron Valigura.
- The club has received another \$200 donation from Hallmark Cards. The volunteer work of club member (& Hallmark Cards employee) Tim Dunham made this donation possible. Special thanks to both Hallmark Cards & Tim!
- Fundraising Chair Mike Hertling reported that there have been preliminary discussions on having a Health Care Access Clinic fundraising event at Set'Em Up Jacks, following this year's Cosmopolitan Diabetes Golf Classic.
- Awards Committee Chair Greg Hird reported that the committee will soon be meeting to begin preparing the club's 2009-2010 yearbook. The Awards Committee is in need of additional members. Please contact Greg if you have an interest in helping out. This would be a great opportunity for new members to learn about the club.
- Tommy Johnson announced that after 5 years as the club's newsletter editor, he plans on resigning from the position effective after the June 2010 newsletter. Aspiring journalists are encouraged to apply for the job.
- To avoid possible conflicts with the NCAA Basketball Tournament, the March board meeting will be held on Wednesday, March 24th, at the home of Bud & Susan Stagg. There will be no board meeting held in February.

## January Jamboree Attracts Great Group of Cosmos & Guests

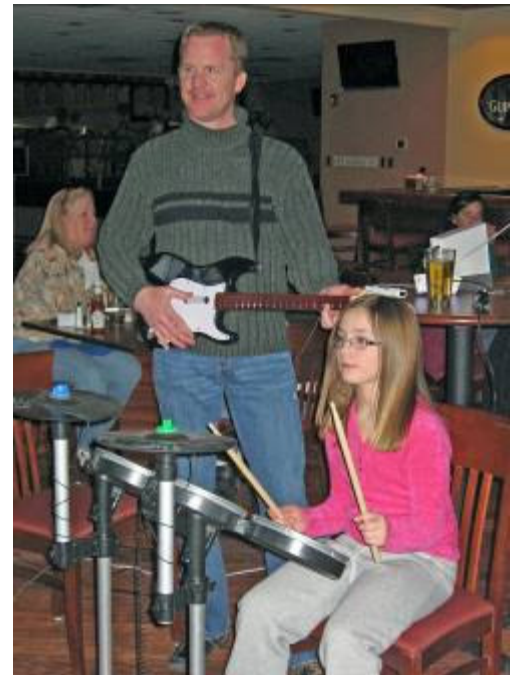
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Hertling updated members on the club's final 2009 grocery card fundraising sales numbers (see related article below). Mike also announced that Black Hills Energy has already signed on to become a Cosmopolitan Diabetes Golf Classic major (\$5,000) sponsor once again this year!

Club members & guests enjoyed visiting & playing a variety of games throughout the evening, which included pool, interactive video games, card games & board games. Several of the Cosmo girls even got a good workout in by following along with one of the Wii dance games.

Special thanks to Erin Harmon & the Social Committee for planning another great event. Their hard work resulted in one of the most well attended River City Cosmo Club social events ever!

Aspiring rock stars Mike McReynolds & Laura Willoughby, daughter of Cosmo's Mike & Sue Willoughby, play along to the video game "Rock Band" at the club's January Jamboree.



## 2009 River City Club Grocery Card Fundraiser Update



River City Cosmopolitan Club members continue to support the club's grocery card fundraiser, which is used to pay the club's operating expenses & helps to keep club member dues from increasing. During 2009, club members purchased a total of \$49,125 worth of Dillon's & Hy-Vee grocery cards, a \$6,000 increase from the \$43,125 worth of grocery cards purchased in 2008. These sales resulted in \$2,789 being deposited into the club's treasury in 2009.

However, only 21 out of a possible 44 River City Cosmo Club households participated in this easy fundraiser during 2009 - lets try for 100% member participation in 2010! For each grocery card purchased, the stores pays the club either 6% (Dillon's) or 5% (Hy-Vee) of the value of the card, but the card purchaser gets the full value of the card for grocery, pharmacy or gasoline purchases.

Since the fundraiser first began, in December 2003, club members have purchased a total of \$271,650 worth of grocery cards, resulting in a total of \$15,620 being deposited directly into our club treasury! Great job Cosmo's!

### 2009 River City Cosmo Club "Top 10" Leaders In Grocery Card Sales

Jack & Pat Hohman .....	\$7,450	Robin & Nancy Donahey .....	\$4,700
Tommy & Denise Johnson .....	\$5,200	Gary & Susie Bartlett .....	\$4,500
Mike & Phyllis Hertling .....	\$5,000	Mike & Diana Klopfenstein .....	\$4,200
Terry & Helen Cox .....	\$4,800	Dennis & Deanna Hoss .....	\$1,500
Kevin & Cindy Harmon .....	\$4,775	Ed Phlegar .....	\$1,350

## Six New Members Installed During Club's Christmas Party

A total of thirty-six members of the River City Cosmopolitan Club, along with one guest, gathered at Maceli's on December 3<sup>rd</sup> for the club's December dinner meeting & annual holiday celebration. Those attending braved a cold night to enjoy a wonderful buffet of baked ham, roasted turkey, mashed potatoes, gravy, green beans & rolls, along with a good dose of Cosmo fellowship & fun.

New club members Bob & Joan Harvey brought along daughter Allison Arenas as their guest for the evening. Allison was recently diagnosed with type 1 diabetes, which is the primary reason why the Harvey's were attracted to Cosmopolitan & the work the organization does to fight the disease.

After dinner, Mo-Kan Governor Susie Bartlett had the pleasure of presenting the club with an early Christmas gift by installing the Harvey's, along with Gary & Kim Kirk, and Mike & Sue Willoughby as the newest members of the River City Cosmopolitan Club. Santa was very good to us this year & we welcome all of our new members to the best service club in Lawrence!

Following a short business meeting conducted by Club President Nancy Donahey, the club's Social Committee Chair, Erin Harmon, presided over the evening's white elephant gift exchange. After club members had grabbed a gift & formed a large circle, Erin recited a story which included numerous & recurring instances of the words "left" & "right". Every time that Erin uttered either one of these words, club members passed their gifts around the circle in the direction indicated. At one point, Erin was barking out so many "left, right lefts" that several club members who had formerly served in the armed forces began having flashbacks to their active duty days! At the conclusion of Erin's tall tale, club members got to keep the gift which they were left holding. Mike Klopfenstein was the recipient of the 8x10 glossy photo of Kevin Harmon, a Cosmo Christmas gift which has been circulating among members for several years now. Another "traveling trophy" gift which was conspicuously absent this year was the golden thong. Rumors circulated that this always popular gift may have actually been worn to the event by an unnamed member! This reporter's gift, which is sure to become a crowd pleaser at future holiday parties, was a bobble head of former Pittsburgh Pirates catcher, Manny Sanguillen!

Special thanks to both the House & Social Committee's for their work in planning & organizing another fun & entertaining River City Cosmopolitan Club event. A great time was had by everyone!



The Kirk's, Willoughby's & Harvey's are installed!



Deanna & Jack enjoy their Cosmo themed gifts!



Jan Burgess, Mike McReynolds & Mike Willoughby.



## Meet Our New Members - Bob & Joan Harvey



Bob Harvey was born in New York City & raised in northern New Jersey. As the son of Salvation Army officers he had to move a few times, attending high school in Cincinnati before moving to Pittsburgh where he enlisted in the United States Army Security Agency, stationed in Vietnam & Germany, before coming home & enrolling & graduating from Duquesne University in Pittsburgh. Upon completion of his active duty, Bob served another 3 years in the Army Reserve & 15 years in the Air Force Reserve before retiring in 1999. After 5 years in Niagara Falls, doing public relations work for the Salvation Army, he moved to Kansas in 1980 & began his career in healthcare management. He did his post

graduate work in Health Care Administration at the University of Kansas. He arrived in Lawrence in September of 2001 & became the Director of Family Practices for Lawrence Memorial Hospital.

Joan Harvey was born & raised in Belleville, IL. She received her Bachelor in Nursing degree from McKendry College & worked for St. Elizabeth Hospital in Belleville for thirty years, both in the ICU & as the nurse manager for the Emergency Department. After a call from a nurse recruiter, she moved to Lawrence in November of 2001 to become the Director of the Emergency Department at Lawrence Memorial Hospital. Joan was instrumental in the expansion of the LMH Emergency Department & has seen the patient visits to the ER nearly double over the past few years.

Bob & Joan served on numerous committees together at the hospital. They fell in love & were married in June of 2003. They share a memory brick outside of the hospital that reads, "Joan and Bob found love at LMH 2002".

They share four children together. Bob's children are Derek who is an accountant for the Department of Agriculture in Kansas City, Maureen who works at Alpha Point, a workshop for the blind in Kansas City, & a son Ian who is currently in restaurant work in north Kansas City.

Joan's daughter, Allison, is completing her paramedic training at Johnson County Community College in December as well as working in the Intensive Care Unit at LMH. It is because of Allison that the Harvey's became interested in the River City Cosmopolitan Club, as Allison was diagnosed this past summer as an insulin dependent diabetic. As Bob puts it, "what better way to show our support for her than to become a part of this organization?"

Bob & Joan love to cruise & spend many of their hours together dreaming of retiring to a sunny, warm beach somewhere in the future. In the mean time, we all look forward to getting to know the Harvey's better & we welcome them to the club!

### A LITTLE HUMOR

Dan was a single guy living at home with his father & working in the family business. When he found out he was going to inherit a fortune when his sickly father died, he decided he needed a wife with which to share his fortune. One evening at an investment meeting he spotted the most beautiful woman he had ever seen. Her natural beauty took his breath away. "I may look like just an ordinary man," he said to her, but in just a few years, my father will die, and I'll inherit \$65 million." Impressed, the woman obtained his business card. Three days later, she became his stepmother. Women are so much better at financial planning than men!

## Meet Our New Members - Adam & Ashley Trunnell



Adam & Ashley Trunnell are two of the newest members of the River City Cosmopolitan Club. Adam & Ashley attended the club's Fall Membership Night in November, as the guests of Jan & Rhonda Burgess. Apparently the Trunnell's liked what they saw because by the end of the meeting, they had turned in their membership applications & were installed into the club by Mo-Kan Governor Susie Bartlett!


And now a little background on our new members. Ashley was born in Aurora, CO, but grew up & attended high school in Liberty, MO. She moved to Lawrence in 2004 to attend Kansas University, studied architecture & graduated from a 5-year Masters program. Ashley is employed at Treanor Architects as "an architect in training", working primarily on designing & producing drawings for higher education housing projects.

Adam was born in Dallas, TX & among a few other places, grew up in Salt Lake City, UT & Liberty, MO. After attending Utah Valley State University & spending a year & a half in Russia, Adam followed Ashley to Lawrence & has recently started attending college again, studying Human Biology & Russian. He plans on attending medical school & becoming a family physician. In the mean time, Adam continues working part-time for himself doing masonry repair & restoration, a trade which he has been involved with since a kid (if you have brick work that needs to be built or repaired, Adam invites you to give him a call).

Adam & Ashley just celebrated their 2<sup>nd</sup> wedding anniversary on January 8<sup>th</sup>. Although they haven't started a family yet, they do have a puppy named Trudy, who acts like a child. Trudy is a Boxer with a whole lot of personality! In addition, Ashley & Adam are definitely the "cool aunt & uncle" to their two nieces.

During their spare time, Adam enjoys playing & recording music, cycling, basketball, automobiles, snowboarding & taking road trips to new places, while Ashley enjoys art, exercising, gardening, cycling, & attending flea markets & garage sales. She also enjoys sewing & has recently started selling some of her homemade wares online at [www.Etsy.com](http://www.Etsy.com). Ashley serves on the committee which organizes the Lawrence Arts Center annual art auction, & both Adam & Ashley devote much time serving in their church, The Church of Jesus Christ of Latter Day Saints.

Because Adam has diabetes, the Trunnell's are excited to be part of an organization which is dedicated to finding a cure for the disease. Additionally, Adam & Ashley were attracted to the River City Club because of the work it does for the Health Care Access Clinic, as well as the opportunity it provides for making new friends. Members of the River City Cosmopolitan Club are equally excited to have Adam & Ashley join their ranks & we all welcome them to the club!



Plan Now to Attend the  
**2010 Mo-Kan Federation Convention**  
Friday, April 30th & Saturday, May 1st  
Truman Hotel & Convention Center  
Jefferson City, Missouri

## Meet Our New Members - Mike & Sue Willoughby



After attending their first River City Cosmo Club function in March, as the guests of Mike & Kelly McReynolds, Mike & Sue Willoughby had such a great time that it was an easy decision for them to join up themselves. "It's such a fun group & I couldn't believe how many club members that I recognized from our neighborhood & my teaching days at Schwegler School," remarked Sue. Having a family history of diabetes & the fact that both Mike & Sue love meeting new friends also helped in their decision to become Cosmos!

Mike & Sue were both raised in small towns in central Illinois. Mike is from Arthur, where his dad owned a John Deere

store, while Sue grew up on a farm near Bethany. After graduating from their respective high schools, both Mike & Sue attended Eastern Illinois University, where Mike received a double business degree in marketing & management, and Sue majored in elementary education. After Mike's job brought the Willoughby's to Lawrence in 1986, Sue received her master's degree in curriculum & instruction from Kansas University. Mike is employed by Sunflower Insurance & Sue teaches in a classroom of combined fourth, fifth & sixth year students at Raintree Montessori School. Both Mike & Sue love living in Lawrence!

The Willoughby's have three children - a 16 year old son named Troy, who attends Lawrence High School, a 14 year old son named Shane, who attends South Junior High School, & an 8 year old daughter named Laura, who attends Raintree. Rounding out the family is Bo, the Willoughby's black lab who will turn 10 years old on Valentine's Day.

When they are not working, Mike & Sue keep busy attending their children's many activities which include soccer, baseball, basketball, football, softball, piano recitals & vocal concerts. They are also active in a number of school organizations, including LHS Lion's Pride, LHS Baseball's Diamond Club & the South Junior High School's Cougar Parent Organization. In addition, Mike has done a lot of coaching & in her limited amount of free time, Sue loves to read. The Willoughby's also have a boat, but are not quite sure why they have one!

Both Mike & Sue are looking forward to becoming more active in the River City Cosmopolitan Club, however with such a young & active family they do ask for club members to be patient with them, or as Sue put it, "If we are not at a club activity, it's our kid's fault!" Not to worry Mike & Sue - River City Cosmo Club members are an extremely patient group & we are all just happy that you both decided to join our group. Welcome to the club!

## **COSMOPOLITAN INTERNATIONAL CONVENTION**



**Gettysburg, Pennsylvania - July 28 to July 31, 2010**

# River City Cosmopolitan Club - 2009-2010 Committee Assignments

## Audit Committee

Kevin Harmon, Chairperson  
Tim Dunham  
Mike Hertling

## Awards Committee

Greg Hird, Chairperson  
Cheryl Dunham  
Susan Stagg



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## Communications & Public Relations

Tommy Johnson, Chairperson  
Dennis Hoss

## Constitution & Bylaws Committee

Diana Klopfenstein, Chairperson  
Deanna Hoss

## Finance Committee

Lynn Collier, Chairperson  
Nancy Donahey  
Denise Johnson

## Fundraising Committee

Mike Hertling, Chairperson  
Cindy Harmon  
Erin Harmon  
Kevin Harmon  
Jack Hohman  
Diana Klopfenstein  
Doug Lapham  
Kristina Sandidge  
Patty Winslow

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## House Committee

Cindy Harmon, Chairperson  
Erin Harmon  
Phyllis Hertling

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## Inaugural Committee

Susie Bartlett, Chairperson  
Helen Cox

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## Membership & Education Committee

Pat Hohman, Chairperson  
Gary Bartlett  
Joan Hird

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## Nominating Committee

Robin Donahey, Chairperson  
Cheryl Dunham  
Jack Hohman

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## Social Committee

Erin Harmon, Chairperson  
Cindy Harmon  
Phyllis Hertling  
Mike Klopfenstein  
Pat Pfannenstiel  
Peggy Pfannenstiel  
Jamel Sandidge  
Kristina Sandidge

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Updated - December 1, 2009

# "The Club That Fights Diabetes"

## The River City Cosmopolitan Club of Lawrence, Kansas

River City Review  
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We're on the web at [www.rivercitycosmo.org](http://www.rivercitycosmo.org)

### River City Cosmo Club Calendar

February Dinner Meeting Johnny's Tavern (North) - 6:30 pm	February 4 Thursday
March Membership Night Location TBA - 6:30 pm	March 4 Thursday
March Board Meeting Bud & Susan Stagg's - 7:00 pm	March 24 Wednesday
Lynn Electric Kansas Marathon A Benefit for Health Care Access	April 18 Sunday
Mo-Kan Convention Jefferson City, MO	April 30-May 1, 2010 Friday - Saturday
Cosmopolitan Int'l Convention Gettysburg, PA	July 28-31, 2010 Wednesday - Saturday

### 2009-2010 Club Officers

President	Nancy Donahey
President-Elect	Greg Hird
Past-President	Robin Donahey
Membership VP	Pat Hohman
Secretary	Helen Cox
Treasurer	Lynn Collier
Sergeant-At-Arms	Jack Hohman
Board Member (1-yr)	Cheryl Dunham
Board Member (1-yr)	Mike Klopfenstein
Board Member (2-yr)	Susan Stagg
Board Member (2-yr)	Peggy Pfannenstiel

"Dedicated to enriching the lives of others through **UNITY, SERVICE & ACTION**"