

# River City Review

September 2009

Tommy Johnson, Editor



## The River City Cosmopolitan Club of Lawrence, Kansas

### River City Cosmos Get Sneak Peek of New HCAC Facility

The September 3<sup>rd</sup> dinner meeting of the River City Cosmopolitan Club was held on the front lawn of the building which will be the future home of the Health Care Access Clinic, located at 330 Maine St. Threatening weather conditions earlier in the day cleared out by late afternoon & we had a beautiful evening for an outdoor dinner meeting, which featured pizza from Johnny's Tavern. Twenty-seven club members attended the meeting. New Club President Nancy Donahey, presiding at her first club dinner meeting, did a great job of keeping the meeting moving forward & on track!

Nikki King & Sally Zogry, with the Health Care Access Clinic, attended the meeting & provided tours of their new facility to club members. The building previously housed a dentist office & is currently being renovated to better suit the clinic's needs. Once the clinic's new home is complete, their current building, located at 1920 Moodie Rd, will be retained by the clinic & used for patient educational programs. The new building will feature an improved clinic floor plan, a large basement for storage needs & is located across the street from Lawrence Memorial Hospital, which will be convenient for both the Health Care Access Clinic patients & the clinic's medical community volunteers..

Several special guests attended the meeting. They included returning potential club members Dave & Lisa Hatzenbuhler, and Mike & Denise Machell. David & Lisa reported that most of their hearing has returned since their first River City Cosmo experience in May, when they hitched a ride on the club's party bus to Guy & Mae's Tavern in Williamsburg! Mike Machell was a guest at the club's April dinner meeting at Paddy O'Quigley's, where his employer, PrescriptionSolutions, was recognized as a major sponsor of the club's 2009 golf tournament fundraiser. Mike & Denise also worked alongside club member volunteers at the 2009 Lynn Electric Kansas Half-Marathon.



HCAC's Sally Zogry & Nikki King, outside their new building.



CI President Melvina Newman (left) & Nancy Donahey (right) welcome new club members, Lisa & Dave Hatzenbuhler.



September meeting attendees outside the new HCAC building.

*(Continued on page 3)*



## Nancy's Presidential Prose

by Nancy Donahey

We had a good turn out on September 3<sup>rd</sup> for our dinner meeting at the new Health Care Access Clinic (HCAC). Nikki King & Sally Zogry, from HCAC, provided tours & explained plans for the new facility. We had several other guests at the meeting including our new Cosmopolitan International President, Melvina Newman & her Vice-President of Marketing, Sheila Anderson. Melvina and Sheila had spent the day at the CI Headquarters, working on marketing strategies for Cosmopolitan International.

Scott Swedlund, from Great Plains Media (KLWN-KLZR-X92.9 radio), connected with Melvina's theme of marketing the Cosmopolitan organization. Scott is also on HCAC's board & Great Plains Media is a supporter of HCAC & our golf tournament. Scott challenged us to take our golf tournament "to the next level". He offered the following business ideas to double our golf tournament revenue:

- ◆ Grow to 60 golf teams.
- ◆ Heavy promotion from KLWN-KLZR-X92.9 radio, beginning after the hospital's sponsored breast cancer dance in October.
- ◆ Move the tournament one week later, to accommodate people who have Memorial Day holiday weekend plans.
- ◆ Add a dance in the evening, to attract people who don't golf.
- ◆ The evening event would also introduce more people to our local club & increase membership.
- ◆ Announce golf tournament winners at the evening event.

Scott has certainly given us ideas to think about. He also said that he plans to support our golf tournament regardless if we incorporate any of his ideas. I do know that it takes hundreds of hours of volunteer work to pull off our successful golf tournament & some of Scott's ideas would require more volunteer hours. These ideas will be discussed at future club meetings, so please give them some thought!

### POINTS TO PONDER

Why don't you ever see the headline, "Psychic Wins Lottery" ?

If con is the opposite of pro, is Congress the opposite of progress ?

Why is 'abbreviated' such a long word ?

Why is lemon juice made with artificial flavor & dishwashing liquid made with real lemons ?

Why is it that doctors call what they do 'practice' ?

Why is the man who invests all your money called a 'broker' ?

Why isn't there a mouse-flavored cat food ?

Why are they called 'apartments', when they are all stuck together ?

Why do they sterilize the needle for lethal injections ?

If flying is so safe, why do they call the airport the 'terminal' ?

Why do we leave cars worth thousands in the driveway & put our useless junk in the garage ?

## Cosmo International Officers Attend September Meeting

*(Continued from page 1)*

Other special September dinner meeting guests included Cosmopolitan International President Melvina Newman & CI Vice-President of Marketing Sheila Anderson, who were both visiting the area from Sioux Falls, SD; new Health Care Access Clinic board members Scott Swedlund & Day Curtis; and Blake & Allison Burgess, children of club members Jan & Rhonda Burgess. Ever the entrepreneurs, Blake & Allison took the opportunity to raise funds for Blake's upcoming juvenile diabetes walk, by selling cookies & sugar-free lemonade at the meeting! They did quite well - raising \$85.00!

Melvina & Sheila updated those in attendance about the exciting things going on within the Cosmopolitan International organization, which has now had four straight years of increased membership! A special issue of CosmoTopics, which will be devoted to diabetes, is targeted for publication in March 2010. It is hoped that this special issue, which will be placed in doctor's offices, clinics, etc, will provide readers with both valuable information about diabetes & help market Cosmopolitan at the same time. Work is also underway on obtaining a celebrity spokesperson to help promote Cosmopolitan & the great things which the organization & its members are accomplishing!

New Health Care Access Clinic board member, Scott Swedlund, who is employed in marketing & sales with Great Plains Media, owners of KLWN, KLZR & X92.9 radio, also spoke to those in attendance. Scott announced that Great Plains Media is committed to once again partnering with the River City Cosmopolitan Club in promoting the club's 2010 Cosmopolitan Diabetes Golf Classic. Scott was very complimentary of River City Club members, calling them one of the most efficient groups which he has ever worked with. Scott is also very excited about the future of the Cosmopolitan Diabetes Golf Classic & offered several suggestions which he felt would help grow the event, as well as the funds which it raises (see Nancy's Presidential Prose article on page 2).

Nikki King, Executive Director of the Health Care Access Clinic, welcomed club member's to their new home & thanked the club for all of its support over the years. In an unexpected, but welcome surprise, Cosmopolitan International Executive Director Kevin Harmon also presented the clinic with a \$500 donation, courtesy of the Johnson County Cosmopolitan Club!

The dinner meeting ended on a high note when it was announced that guests Dave & Lisa Hatzenbuehler, and Mike & Denise Machell, had all turned in membership applications to become members of the River City Cosmopolitan Club. Although Mike & Denise had to leave the meeting prior to the announcement, Dave & Lisa were there to the very end & were officially installed as the newest members of Cosmopolitan by International President Melvina Newman!



Nikki King (left), gives CI President Melvina Newman & CI VP of Marketing Sheila Anderson, a tour of the new HCAC building.



Blake Burgess, son of Cosmos Jan & Rhonda Burgess (& a type 1 diabetic) raises funds for his upcoming juvenile diabetes walk.

## Club Members Hit 5 Bars in 5 Hours On Pub Crawl

On the evening of Friday, September 18th, eighteen club members & five guests boarded the BS Transportation party bus, with driver Jon "Wolfman" Bierig at the controls, for the club's first ever party bus pub crawl. Our pub crawl tour guide, Erin Harmon, did a great job of planning the event! The tour began at Johnny's West, where club members & guests boarded the party bus. First stop on the pub crawl was at the West Coast Saloon, followed by stops at Set'Em Up Jacks (where several pub crawlers took the opportunity to eat), The Barrel House, The Jet Lag, & back to Johnny's West. Participants spent 45 minutes to an hour at each stop, before re-boarding the party bus & moving on to the next bar. During the stop at The Barrel House, the Cosmo group was treated to an appearance by the KU Bar Band, which consists of several members of the KU Marching Band who travel from bar to bar on Friday nights prior to KU home football games, playing for beer. Other highlights from the evening included watching our very own Club President, Nancy Donahey, "working" the party bus stripper pole (fully clothed however) between pub stops, & meeting up with fellow River City Cosmo, Pat "Rickey" Pfannenstiel, at the Barrel House.

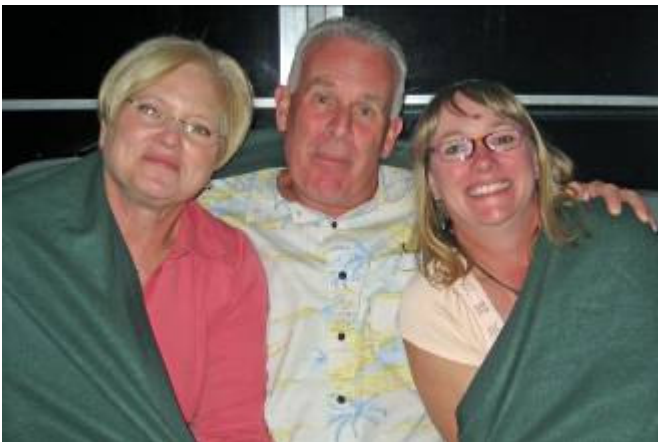
Guests who joined in on the fun included Emerald City Cosmo Club members Bill & Gaylene Beatty, & Wanda Meinhardt; Barry Collier, guest of Lynn Collier; and Michelle Gauthier, guest of Erin Harmon.



Pub Crawl organizer & tour guide, Erin Harmon, & driver Jon "Wolfman" Bierig, with the BS Transportation party bus.



Emerald City Club members Gaylene Beatty & Wanda Meinhardt party with Kevin & Cindy Harmon at Set'Em Up Jacks.



Jack Hohman tries his best to keep both wife Pat, & Patty Winslow warm & cozy on the Pub Crawl party bus!



Susie, Jack, Patty & Tony, guest Michelle Gauthier, Erin & Cindy, with members of the KU Bar Band, at the Barrel House.

## Six River City Cosmos Attend Heartland Club Pig Roast



River City Cosmo's hang out with John Bloom, from the Heartland Cosmopolitan Club.

Once again a crew from the River City Club hit the road to mingle with fellow Cosmos from Overland Park. On Saturday evening, September 19th, River City Club President Nancy Donahey & her lovely spouse Robin, Cosmopolitan Executive Director Kevin Harmon & his lovely spouse Cindy, and Mo-Kan Federation Governor Susie Bartlett & her Stud Muffin of a spouse Gary, all attended the Heartland Cosmo Club's annual Pig Roast fund raiser. Following a short drive from Lawrence to the Mahaffie Farmstead in Olathe, we met up with & visited several Heartland Club members, including John & Marci Bloom, Ted & Barb O'Dell, and Don & Linda Gentry, just to mention a few. This group had cooked a large hog, smoked brisket, turkey, & chicken, as well as put together all the other fixin's for a wonderful picnic

style meal. They had a DJ playing music all evening, along with four tables of great silent auction items ripe for the bidding, & then topped it off with raffle prizes being given away throughout the night. The real kicker/eye opener/excitement for the evening was the Karaoke. Heartland Cosmo Don Feltham started out the singing (just to prove to the crowd that anyone could do it) with a rousing rendition of the old Harry Bellefonte tune Day-O. Surprisingly, he did a very good job & even tossed in a little dance number. I'm almost certain he had been practicing at a bar somewhere. The hit of the evening though was a very lovely young lady singing a Miley Cyrus song. This little rascal nailed it & got a standing ovation from the crowd. You could tell that she had sung this song before! Anyway, a great time was had by all & as always, the Heartland Club's hospitality was second to none! This is definitely an event that other River City Cosmo's should consider attending next year!

- Article by Gary Bartlett & Photo by Nancy Donahey

## September River City Cosmo Club Board Meeting Highlights

The September River City Cosmopolitan Club's Board of Managers meeting was held on September 17th, at the home of Tim & Cheryl Dunham. Highlights from the board meeting included:

- The club's 2008-2009 Audit Committee has completed the club's annual financial audit. Their only recommendation involved the simplification of grocery card fundraiser sales information on future club financial statements.
- The board approved the club's 2009-2010 budget, as submitted by Treasurer Lynn Collier. The budget will be presented to the general membership at the club's October dinner meeting for final approval.
- Board members had a lengthy discussion regarding the ideas presented by Scott Swedlund, during the club's September dinner meeting, to expand & grow the club's annual golf tournament fundraiser (see Nancy's Presidential Prose article on page 2). The consensus of the board was to concentrate on growing the tournament by increasing the number of event sponsors & possibly expanding the field of golf teams so that the tournament could be held on both the Alvarado public & private golf courses. Board members felt that changing the date of the golf tournament, & adding an evening event following the golf tournament, were not viable options. Input from the general membership regarding Scott's ideas will be solicited during the club's October dinner meeting.
- The board approved a request from Gary Bartlett for the club to donate two \$50 grocery cards to the Topeka Emerald City Cosmo Club. The grocery cards will be used as prizes for a fundraiser which the Emerald City Club is hosting on September 19th.
- River City & Emerald City Cosmo Club members will host a Cosmopolitan informational table at the October 17th American Diabetes Association Diabetes Walk, at Lake Shawnee, in Topeka. Club members who can help out are asked to contact Gary Bartlett for additional information.
- Social Committee chairperson Erin Harmon would like ideas from club members on what club social events they would like to see planned for the following year. Any & all ideas will be considered by the Social Committee.

# River City Cosmopolitan Club - 2009-2010 Committee Assignments

## Audit Committee

Kevin Harmon, Chairperson  
Tim Dunham  
Mike Hertling

## Awards Committee

Greg Hird, Chairperson  
Cheryl Dunham  
Susan Stagg

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## Communications & Public Relations

Tommy Johnson, Chairperson  
Dennis Hoss

## Constitution & Bylaws Committee

Diana Klopfenstein, Chairperson  
Deanna Hoss

## Finance Committee

Lynn Collier, Chairperson  
Nancy Donahey  
Denise Johnson

## Fundraising Committee

Mike Hertling, Chairperson  
Gloria Eberle  
Cindy Harmon  
Erin Harmon  
Kevin Harmon  
Jack Hohman  
Diana Klopfenstein  
Doug Lapham  
Kristina Sandidge  
Patty Winslow

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## House Committee

Cindy Harmon, Chairperson  
Erin Harmon  
Phyllis Hertling

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## Inaugural Committee

Susie Bartlett, Chairperson  
Helen Cox

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## Membership & Education Committee

Pat Hohman, Chairperson  
Gary Bartlett  
Joan Hird

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## Nominating Committee

Robin Donahey, Chairperson  
Cheryl Dunham  
Jack Hohman

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## Social Committee

Erin Harmon, Chairperson  
Cindy Harmon  
Phyllis Hertling  
Mike Klopfenstein  
Pat Pfannenstiel  
Peggy Pfannenstiel  
Jamel Sandidge  
Kristina Sandidge

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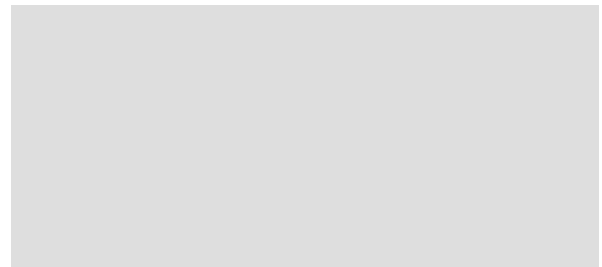
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Updated - September 1, 2009

# "The Club That Fights Diabetes"

## The River City Cosmopolitan Club of Lawrence, Kansas

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We're on the web at [www.rivercitycosmo.org](http://www.rivercitycosmo.org)

### River City Cosmo Club Calendar

October Dinner Meeting Set'Em Up Jacks - 6:30 pm	October 1 Thursday
Fall Membership Night Location TBA	November 5 Thursday
November Board Meeting Mike & Diana Klopfenstein's - 7:00 pm	November 19 Thursday
Mo-Kan Convention Jefferson City, MO	April 30-May 2, 2010 Friday - Sunday
Cosmopolitan Int'l Convention Gettysburg, PA	July 28-31, 2010 Wednesday - Saturday

### 2009-2010 Club Officers

President	Nancy Donahey
President-Elect	Greg Hird
Past-President	Robin Donahey
Membership VP	Pat Hohman
Secretary	Helen Cox
Treasurer	Lynn Collier
Sergeant-At-Arms	Jack Hohman
Board Member (1-yr)	Cheryl Dunham
Board Member (1-yr)	Mike Klopfenstein
Board Member (2-yr)	Susan Stagg
Board Member (2-yr)	Peggy Pfannenstiel

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